



## **DWIGHT SCHOOL CEMENTS COMMUNITY PARTNERSHIP WITH LAUNCH OF ADULT FITNESS PROGRAMS AT NEW ATHLETIC CENTER**

*Range of fitness classes taught by expert Dwight coaches now open to everyone in the community*

**New York, NY, October 8, 2013:** Continuing its commitment to community partnership, Dwight School, one of Manhattan's oldest independent schools, has introduced a wide range of sports and fitness programs for adults at its new, world-class Athletic Center in East Harlem.

The newly refurbished 40,000-square-foot facility, located at in the East River Landing cooperative at First Avenue and 108th Street, opened its doors in June of this year. It is the result of an innovative community partnership between Dwight School and the 1199 Housing Corporation, which owns East River Landing.

Due to financial constraints, the facility had been unused by the 6,500 East River Landing residents for many years prior to Dwight's signing a 20-year lease last January. After significant upgrades and enhancements, the Center is now open – and providing shared value – to Dwight students and the local community alike.

Featuring a six-lane indoor pool, two roof-top tennis courts, and a gym, the center will offer a comprehensive list of adult fitness programs, including aquatics classes, yoga, personal training, and zumba.

Long dedicated to personalized learning inside and outside the classroom, Dwight is extending its tradition of teaching excellence and commitment to the community by offering this program to all New Yorkers.

“We’re delighted to provide a wide range of health and athletic opportunities to our neighbors,” said Michael Bailey, Director of the Dwight School Athletic Center. “The numerous benefits of incorporating regular exercise into our lifestyles are well documented, and we are committed to developing programs that enhance quality of life for all.”

A full list of the many classes available at an affordable price can be found at:  
[www.dwight.edu/athleticcenter](http://www.dwight.edu/athleticcenter)

**More About Dwight School**

Founded in 1872, Dwight School is dedicated to igniting the spark of genius in every child. A Dwight education rests on three pillars: personalized education, community, and global vision. Dwight was the first school in the US to offer the comprehensive International Baccalaureate curriculum from preschool-grade 12. It is the flagship campus of The Dwight Schools, with programs and campuses in London, Seoul, Beijing, and on Vancouver Island. Dwight graduates attend the world's leading colleges and universities, including Harvard, Yale, Princeton, Stanford, MIT, and Oxford.

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Contact: Angel Strickland Fahy

212.724.6360 ext. 474

[afahy@dwight.edu](mailto:afahy@dwight.edu)