

DWIGHT AFTER-SCHOOL PROGRAMS
GRADES 1-5
SPRING 2017



**AFTER-SCHOOL
SPRING 2017**

LOWER SCHOOL

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WELCOME

At Dwight, our after-school activities are an important extension of the day and reflect our dedication to igniting the spark of genius in every child. We offer numerous opportunities for students to develop their interests and talents — and to discover new ones — through extra-curricular programs that reinforce what they learn in the classroom, encourage skill development, and build self-esteem. Along the way, students share enriching experiences, forge friendships, and challenge themselves to grow.

The range of Dwight after-school offerings is extensive, with choices to spark minds, bodies, and imaginations. All are age-appropriate, as outlined in each of our catalogs for students in grades 1-5, grades 6-8, and grades 9-12.

We have three seasons: Fall, Winter, and Spring. Our programs are taught by Dwight faculty or leading outside professionals, depending on the activity. No matter the instructor, coach, or mentor, students will have fun, learn, and cultivate their unique spark of genius.

We look forward to seeing your children after school!

Warm regards,
Fiona Imboden

GENERAL INFORMATION

Our After-school Program offers a wide variety of specialty classes and activities one day a week per session. Session length and cost can vary; sessions are held from 3-4 pm or 4:30 pm, unless otherwise stated, on our Main Campus or at the Dwight School Athletic Center. Please visit the Programs section of our website for additional information.

ADDITIONAL PROGRAMS

EXTENDED-DAY PROGRAM

This program extends the day until 5:30 pm for students in grades 1-5 who are registered for an after-school activity. Students can read or do homework, play with friends, draw, and enjoy board games. They also have the opportunity to join both age-specific and mixed-age activities coordinated by our team of enrichment specialists. Dwight wants to ensure that students have the chance to wind down, relax, and debrief in a nurturing and informal setting after the school day.

HOMEWORK HELPER

This program offers students of all ages an opportunity to get a jump start on their homework by providing the help and structure they need to complete assignments. Drop-in Homework Helper for students in grades 2-5 convenes on Tuesday, Wednesday, and Thursday, when space is available. To take advantage of this assistance, please email Fiona Imboden at fimboden@dwight.edu before 1 pm on the day needed.

DWIGHT CONSERVATORY PROGRAM

The Dwight Conservatory provides students in grades 1-12 with an opportunity to take individual music lessons and ensemble instruction after school. The program offers a breadth of musical styles led by a committed team of creative and highly experienced professional musicians and teachers.

Lessons are reasonably priced and conveniently located on campus. We currently offer instrumental instruction in piano, voice, violin, viola, cello, double bass, percussion, flute, clarinet, saxophone, electric guitar, acoustic guitar, bass guitar, as well as music theory and composition. For questions regarding the Dwight Conservatory Program, please contact Director of Music, Alistair Hamilton, at ahamilton@dwight.edu.

PRIVATE/SEMI-PRIVATE SWIM LESSONS

The Dwight School Athletic Center offers swim lessons for children and adults at our world-class facility (located at 2116 First Avenue) on weekdays after 3 pm and every Saturday, from 9 am-12 pm. Taught by certified and experienced swim professionals, our lessons offer something for everyone — at every level. Please contact Aquatics Director, Chiarna Morton, at cmorton@dwight.edu to schedule lessons.

BIRTHDAY PARTIES

What better way to celebrate your child's birthday than with a party at the Dwight School Athletic Center! Our gym, pool, dance studio, and rooftop offer great settings for a wide range of themed parties, including swimming, basketball, soccer, dancing, and dodgeball. Our staff will arrange everything, from picking the age-appropriate games, party menus, and cake to cleaning up. All you have to do is show up ready for an amazing party! Please contact Emily Vargas at evargas@dwight.edu for more information.

DWIGHT SUMMER CAMP

Our camp for children ages 4-12 is based at the Dwight School Athletic Center. We're dedicated to igniting the spark of genius in every camper through a wide range of age-appropriate programs, including specialty "spark" camps. Children can explore new things, discover what they enjoy doing, and pursue their passions while making friends and having fun. For more information about summer camp, please visit www.dwightsummercamp.org or email our Camp Director, Chiarna Morton, at cmorton@dwight.edu.

SCHEDULE: SPRING AFTER-SCHOOL PROGRAM 2017

SPRING TERM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Tennis (1-2)	Tennis (3-5)	Art (1-5)	Basketball (3-5)	Playhouse (1-4)
	Soccer (3-5)	Orchestra (1-5)	Chess (1-5)	Dodgeball Jr. (1-2)	Mad Science (1-3)
	Basketball (1-2)	Fencing (1-2)	Fencing (3-5)	Homework Helper (2-5)	Dodgeball (3-5)
	Hip Hop & Jazz Dance (2-5)	Acrobatics (1-4)	Homework Helper (2-5)	Chorus (1-5)	Soccer (1-2)
		Homework Helper (2-5)	Swimming (1-5)	Karate (3-5)	Fashion Design (3-5)
TOTAL NUMBER OF SESSIONS	7	8	9	9	7

**AFTER-SCHOOL
CALENDAR 2016-17**

Friday, February 3	Parent-Teacher Conferences
Friday, February 17	No classes, Faculty Development Day
Monday, February 20 & Tuesday, February 21	No classes, Presidents' Day vacation
Sunday, February 26	Spring online registration begins
Friday, March 10	Spring online registration closes
Friday, March 17	Last day of winter after-school activities
Monday, April 3	Spring after-school activities begin
Monday, April 10, Tuesday, April 11 & Friday, April 14	Passover (no after-school) No classes, Passover Good Friday
Monday, May 29	No classes, Memorial Day
Friday, June 2	Last day for activities for 1-12

AFTER-SCHOOL AND EXTENDED-DAY POLICIES

- Classes have limited capacity: 15 students per activity, unless otherwise stated.
- Registration is on a first-come first-served basis. Confirmation of registration will be sent out shortly before the start of the program.
- Dwight reserves the right to cancel any after-school program that does not have adequate enrollment of at least eight students. You will be notified of any cancellations prior to the first week of classes.
- If a student decides to drop a program, payments are fully refundable until the second class.
- THERE ARE NO REFUNDS after the second week of programming has ended. There are no exceptions to this policy; please be familiar with the policy before registering your child for after-school programs.
- Dwight does not offer make-up classes or refunds for any missed classes.
- After-school and extended-day programs observe all school holidays and do not meet on the days with a noon dismissal.
- Dwight's extended-day program closes promptly at 5:30 pm. There is a \$25 late fee for each 15 minutes of a late pick-up. If a parent is late more than twice in a trimester, the School has the right to refuse to accept that child in the program and program fees will not be refunded.
- In the event of inclement weather, after-school and/or extended-day programs may close and advance notice will be given.

HOW TO REGISTER

PLEASE FOLLOW THESE STEPS FOR AFTER-SCHOOL REGISTRATION

1. The registration link for all after-school programming is on MyDwight under Programs, After School & Extended Day.
2. If you were enrolled in after-school programming at Dwight in the previous school year or trimester, your username and password will remain the same. If you have forgotten your username or password, please log in and follow the prompts to receive or change your password.
3. All new families and students in grades 6-12 should have received a link to the After-school Program and a temporary username and password to access the site.
4. If you did not receive or cannot find this email, please email fimboden@dwight.edu and we will resend the information.
5. Once you are logged into the system, you will find all choices in the program registration module. Once you enter the module, all programs will be broken down into different categories.
6. Should you have difficulty registering, please email fimboden@dwight.edu for assistance.

DESCRIPTIONS

MONDAY

TENNIS | 3-4:30 pm | Grades 1-2 | \$315

Super Stars Tennis has introduced thousands of children to the sport of tennis in the New York metropolitan area. Mighty Mites Tennis, ages 6-8, introduces junior novice players to the game of tennis by teaching grip techniques, stroke production, enhancement of motor and racquet skills, tennis etiquette, and the rules of the game. All classes are held in the Great Hall, and are taught by tennis professionals who will teach the sport of a lifetime! Mighty Mites is tailored for junior novice players to prep for the next level of our program: Super Stars. A tennis racket required.

MONDAY

BASKETBALL | 3-4:30 pm | Grades 1-2 | \$315

Basketball Stars of NY provide some of the best basketball instruction and coaching in the city! All coaches are former professionals and who will teach you how to play the right way while participating in games. The program is carefully constructed to teach correct shooting, defense, rebounding, and much more. Coaches from Basketball Stars include former Division I and professional basketball players. Don't miss out on your chance to be a basketball star!

MONDAY

SOCCER | 3-4:30 pm | Grades 3-5 | \$315

Get the ball rolling! Join Brazilian Soccer Academy for a fun and energetic soccer program right here at Dwight. Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and a low child-to-coach ratio ensure that each child will improve his or her soccer skills and learn moves of some of the great Brazilian players like Pelé, Kaka, and Ronaldinho!

MONDAY

HIP HOP & JAZZ DANCE | 3-4:30 pm | Grades 2-5 | \$315

DramaZone's Hip Hop and Jazz Dance Combination Dance teaches two styles in one class. This popular class is taught by the professional dancers at DramaZone. Children love the fun and energetic dance combinations which bring both Hip Hop and Jazz to life with age appropriate music and spirited dance games. Hip Hop teaches today's dance choreography, which is rhythmic and strong, while Jazz teaches classical dance moves that are more lyrical. All

classes include technical stretching and strengthening to make a well-rounded dancer. Children learn combinations sure to impress.
Dress: Comfortable clothing and sneakers for all!

TUESDAY

ACROBATICS | 3-4:30 pm | Grade 1-4 | \$360

Acrobatics is a high-energy class that incorporates tumbling, partner work, and flexibility. Students will learn how to use their core in order to do headstands, handstands, cartwheels, walkovers, and handsprings. Partner work will include lifts and double tricks. Students will also work on their flexibility and strength through warm-ups and stretches.

TUESDAY

TENNIS | 3-5:15 pm | Grades 3-5 | \$360

Super Stars Tennis, for ages 9 and 10, will be held at Dwight School Athletic Center (DSAC) on our own regulation-size tennis court. This program is for players who regularly play tennis, and helps develop the student's own natural abilities to enable him or her to compete more effectively. Emphasis is placed on stroke development, competitive basics, and singles and doubles strategies. Tennis racket is required. Students will be transported to DSAC by the Dwight School shuttle and will return to 18 West 89th Street at approximately 5:15 pm.

TUESDAY

FENCING | 3-4:30 pm | Grades 1-2 | \$360

En garde! Dwight has a long legacy of excellence in the sport of fencing. We are pleased to offer a wonderful program that introduces Dwight students to the exciting world of Olympic-style fencing. Why fence? It's fun, great exercise, and a sport with a beauty and grace all its own. Plus, you'll never have more fun with a sword in your hand! This program will be led by instructors with Olympic and International World Cup gold medal experience. Students learn footwork and tactics, and build stamina and teamwork. Students need no experience, and this program is accessible to kids of all shapes and sizes. Equipment is provided.

TUESDAY

HOMEWORK HELPER | 3-4:30 pm | Grades 2-5 | \$320

Homework Helper offers students of all ages an opportunity to get a jump-start on their homework. This program will provide students with the help and structure they need to complete their assignments.

TUESDAY

DWIGHT JUNIOR ORCHESTRA | 3-4 pm | Grades 1-5 | \$320

This fun, engaging after-school activity is based on things children love to do naturally — express themselves through musical sounds. These instincts are directed into learning complex musical concepts by developing advanced listening and performance skills. Students are immersed in a design-thinking process, creating and playing musical compositions using percussion, strings, and woodwind instruments.

Students join in fun, age-appropriate activities that promote, develop, and strengthen their own individual musical thinking, artistic imagination, memorization, and ensemble-playing skills. They explore essential elements of musical expression as it relates to their emotions, knowledge, and life experiences through interactive musical games, improvisation, and creative projects. Participants have the opportunity to experiment with multiple musical elements and styles from around the world. Ultimately, students will discover their own expressive potential through hands-on activities like composing, arranging, and performing with traditional and non-traditional musical instruments in a fun and creative orchestra setting.

WEDNESDAY

CHESS | 3-4:30 pm | Grades 1-5 | \$405

Top Level Chess offer folders to each child with ongoing work sheets, and a demo Board lecture following one-on-one instruction. Kids have fun playing each other and their chess moves are supervised by our coaches. Children are drilled in recording their moves and using a chess clock, and are prepared for competition geared towards the City State and National Championships.

WEDNESDAY

ART | 3-4:30 pm | Grades 1-5 | \$405

Make an artful mess with Ms. Thompson! Students will undertake creative, age-appropriate projects with a focus on the design process through the exploration of many different media. Students will design and make their own masks and other fun animal costumes. These will be used to inspire storytelling and performance projects with visiting artists! This program will tap into the dimensions of creativity that every child has by using a variety of materials to create something great!

WEDNESDAY

SWIMMING | 3-5:15 pm | Grades 1-5 | \$450

Dwight School offers swimming lessons and aquatic safety as a part of our after-School program. Our aquatics team of certified staff instructs the sessions. The class focus will not only be on learning to swim but also on thriving in the water at all levels. Lessons are always 45 minutes long with a 4:1 student:teacher ratio. For older, more experienced swimmers we will offer stroke enhancement classes, which are oriented toward competitive development, and may be expanded to a 6:1 ratio. Students will be transported to the Dwight School Athletic Center by the Dwight shuttle bus and will return to 18 West 89th Street at approximately 5:15 pm.

WEDNESDAY

FENCING | 3-4:30 pm | Grades 3-5 | \$405

En garde! Dwight has a long legacy of excellence in the sport of fencing. We are pleased to offer a wonderful program that introduces Dwight students to the exciting world of Olympic-style fencing. Why fence? It's fun, great exercise, and a sport with a beauty and grace all its own. Plus, you'll never have more fun with a sword in your hand! This program will be led by instructors with Olympic and International World Cup gold medal experience. Students learn footwork and tactics, and build stamina and teamwork. Students need no experience, and this program is accessible to kids of all shapes and sizes. Equipment is provided.

WEDNESDAY

HOMEWORK HELPER | 3-4:30 pm | Grades 2-5 | \$360

Homework Helper offers students of all ages an opportunity to get a jump-start on their homework. This program will provide students with the help and structure they need to complete their assignments.

THURSDAY

BASKETBALL | 3-4:30 pm | Grades 3-5 | \$405

Basketball Stars of NY provide some of the best basketball instruction and coaching in the city! All coaches are former professionals and join the after school program to teach you how to play the right way while participating in games. The program is carefully constructed to teach you the right way to shoot, defend, rebound and much more. Coaches from Basketball Stars include former Division I and PROFESSIONAL basketball players. Don't miss out on the chance to be the next Basketball Star!

THURSDAY

CHORUS | 3-4 pm | Grades 1-5 | \$360

Our Timothy House Chorus is a singing sensation! Ms. Zambetti teaches students to sing and perform various styles of music. They will learn about the human voice and singing techniques while participating in a fun, collaborative ensemble. Classes and group exercises will enhance and further develop music skills, and vocal and performance confidence in young singers. Students will explore the relationship between music and text, a composer's intentions, vocal expression, and musical interpretation. They will develop effective practice habits in terms of music preparation and time management, and more.

THURSDAY

HOMEWORK HELPER | 3-4:30 pm | Grades 2-5 | \$360

Homework Helper offers students of all ages an opportunity to get a jump-start on their homework. This program will provide students with the help and structure they need to complete their assignments.

THURSDAY

KARATE | 3-4:30 pm | Grades 3-5 | \$405

In addition to developing physical fitness, self-defense, and safety skills, our karate program will help children build confidence, focus, and respect for themselves and others. Studies have shown that children who study karate often show significant improvement in concentration and self-discipline — both in school and at home. More than any other sport for children, karate and its inherent values counteract the “win at all costs” mentality that's so common in sports today. It's also one of the few sports in which there are no benchwarmers; every child can fully participate at his/her own pace. This makes it particularly helpful for children who struggle with attention and behavior disorders.

THURSDAY

DODGEBALL JR. | 3-4:30 pm | Grades 1-2 | \$405

Duck and go! Mr. Panahi will offer this very popular activity as an after-school activity for students in grades 1 and 2! Whether you like to charge the line with an amazing throwing arm or prefer to hide and wait with the sneakiness of a chess master, a classic game of dodgeball offers fun and excitement to every style of player.

FRIDAY

FREAKY PHYSICS-MAD SCIENCE | 2:45-4:15pm | Grades 1-3 | \$315

Is your energy potential or kinetic? Children can find out with us as we explore centrifugal force and gyroscopes. They'll become a junior engineer and experiment with axles, pulleys, levers, gears and wheels. Some of the weekly topics in this session are: Harnessing Heat, Mad Science Machines, Mad Magnets, Super Structures, Under Pressure, "Current" Events, Lights...Color...Action!, Watts Up, and Energy Burst & Fun-damental Forces.

FRIDAY

SOCCKER | 2:45-4:15 pm | Grades 1-2 | \$315

Get the ball rolling! Join Brazilian Soccer Academy for a fun and energetic soccer program right here at Dwight. Dynamic international coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and a low child-to-coach ratio ensure that each child will improve his or her soccer skills and learn moves of some of the great Brazilian players like Pelé, Kaka, and Ronaldinho!

FRIDAY

DODGEBALL | 2:45-4:15 pm | Grades 3-5 | \$315

Duck and go! Mr. Panahi and Mr. Presti will offer this very popular game as an after-school activity. Whether you like to charge the line with an amazing throwing arm or prefer to hide and wait with the sneakiness of a chess master, a classic game of dodgeball offers fun and excitement to every style of player.

FRIDAY

PLAYHOUSE-MARY POPPINS | 2:45-4:15 pm | Grades 1-4 | \$315

Come step in time with this "supercalifragilistic" musical theater class! Children will learn songs, dances, and scenes from the popular show, *Mary Poppins*. This is a production class that results in a show for friends and family at the end of the year. Acting teaches concentration, confidence, and speech; dancing teaches coordination and flexibility; and music teaches math through counting as well as breath support. Join our cast! Dress: comfortable clothing and sneakers. No experience necessary; all talents welcome.

FRIDAY

FASHION DESIGN | 2:45-4:15 pm | Grades 3-5 | \$315

Take your love of denim to the next level with Hobby Quest's Denim Dreams! In this session, we're crazy about denim and we're creating really cool clothes and accessories out of the most versatile fabric

available! Children learn everything there is to know about creating their own denim outfit and accessories like skirts, vests, and even a trendy mini-backpack! From designing and sketching to altering and decorating, they'll be guided through the process step-by-step to create incredible one-of-a-kind pieces! Friends and family will be invited at the end of the session to see students model their designs in a runway show. No experience is necessary, and they'll learn all of the skills needed to create chic garments, so sign up today!
Design it! Create it! Keep it!